

# Lunch Menu

# NEW PALTZ CENTRAL SCHOOL DISTRICT

October 2021

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

## Monday

Offered daily: 1% and chocolate skim milk; all are antibiotic and BGH free

We offer local fruits and vegetables

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products

## Tuesday



Lunch is FREE for all students during the 2021-2022 school year!

This institution is an equal opportunity provider and employer.

## Wednesday

## Thursday



The food service department is looking to fill part time and substitute positions so we can provide our students with a variety of food and snack choices.



Menu is subject to change

## Friday

1 Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice

Alt.Tuna Salad or PB and Jelly



<p>4 Chicken Nuggets w/ Dipping Sauce Glazed Carrots Brown Rice</p> <p>Alt.Ham and Cheese or PB and Jelly</p>	<p>5 Soft Taco w/Chili,Cheese,Salsa Brown Rice Refried Beans</p> <p>Alt.Turkeyand Cheese or PB and Jelly</p>	<p>6 Grilled Cheese(V) Ham (P) Optional French Fries</p> <p>Alt. Italian Combo or PB and Jelly</p>	<p>7 Stuffed Crust Pizza(V) Green Beans Fruit Juice</p> <p>Alt.Tuna Salad or PB and Jelly</p>	<p>8 Super's Conference Day</p> <p>No School Today!</p>
<p>11 INDIGENOUS PEOPLES DAY</p>	<p>12 Cheeseburger Alt. Veggie Burger (V) Black Bean Salad Vegetable Medley</p> <p>Alt.Turkeyand Cheese or PB and Jelly</p>	<p>13 Bread Sticks (V) w/ Marinara Sauce Mozzarella Sticks Steamed Carrots</p> <p>Alt.Italian Combo or PB and Jelly</p>	<p>14 French Toast(V) Sausage(P) Home Fries</p> <p>Alt.Bologna and Cheese or PB and Jelly</p>	<p>15 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Alt.Tuna Salad or PB and Jelly</p>
<p>18 Popcorn Chicken w/Dipping Sauce Glazed Carrots Brown Rice</p> <p>Alt.Ham and Cheese or PB and Jelly</p>	<p>19 Nachos w/Cheese(V) w/Chili Refried Beans Brown Rice</p> <p>Alt.Turkeyand Cheese or PB and Jelly</p>	<p>20 Chicken Sandwich French Fries</p> <p>Alt.Italian Combo or PB and Jelly</p>	<p>21 Meatball Sub w/Mozzarella Green Beans</p> <p>Alt.Bologna and Cheese or PB and Jelly</p>	<p>22 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Alt.Tuna Salad or PB and Jelly</p>
<p>25 Chicken Tenders w/ Dipping Sauce Steamed Carrots Dinner Roll</p> <p>Alt.Ham and Cheese or PB and Jelly</p>	<p>26 Bread Sticks (V) w/ Marinara Sauce Mozzarella Sticks Bean Salad</p> <p>Alt.Turkeyand Cheese or PB and Jelly</p>	<p>27 Macaroni &amp; Cheese(V) Seasoned Corn</p> <p>Alt.Italian Combo or PB and Jelly</p>	<p>28 French Toast(V) Sausage Home Fries</p> <p>Alt.Bologna and Cheese or PB and Jelly</p>	<p>29 "Spooky" Stuffed Crust Pizza(V) "Scary" Romaine Salad "Freaky" Fruit Juice</p> <p>Alt.Tuna Salad or PB and Jelly</p>